

FAMILY FAVORITES

These classes are offered every quarter. For more information/questions regarding a parenting class, please email Carol Bolger at cbolger@casadelosninos.org.

The Dad Difference

Are you a first-time father looking to learn how to best navigate parenting? This 4 hour training is designed especially for you! **Part 1**-Baby Basics is intended to teach dads about prenatal, birth, and post-partum situations. **Part 2**- Involved from the Start focuses on child development, discipline, and the important relationship between father and child.

Child Abuse-It's Everybody's Problem

This class provides critical information on what signs to expect from a child who is a victim of abuse, the causes/risk factors of child abuse and neglect that occurs in a home and how to properly make a report of abuse to DCS and the mandated reporting guidelines in Arizona. (Offered in English and Spanish)

Healthy Techniques to Managing Anger and

Feelings Feeling angry is inevitable and it's important to know how to properly deal with that anger. This class focuses on learning the triggers that make us angry, as a child care provider or parent, and how to react in a healthy and appropriate way. (Offered in English and Spanish)

Succeeding as a Single Parent

This class focuses on parent -specific issues such as support, stress management, budgeting and the logistics of co-parenting. The facilitator will help parents look at single parent homes from their child's perspective, and emphasizes the importance of healthy communication, a stable and positive home life, and tips on ways to enjoy family time on a limited budget. (Offered in English and Spanish)

Crossroads of Parenting and Divorce - 5 Steps to Prevent Divorce Abuse

Crossroads is a five-step, 4 hour, seminar designed to prevent divorce abuse-a specific type of emotional abuse that divorcing parents cause when, in their anger and bitterness they lose sight of their child's needs. This video based seminar will help parents become more aware of how their actions inadvertently harm their children and how to establish positive post-divorce co-parenting relationships. The program uses video, activities, skill development and discussion.

Darkness to Light -Stewards of Children: Adults ending Sexual Abuse Together

The 2-hour training offers participant's tools to help prevent, recognize, and react responsibly to child sexual abuse. You will learn how to recognize the clues that children give us, the behavior typically shown by perpetrators, and how to make a report to the proper authorities when indicated. When adults are educated in the signs of child sexual abuse and how to react to them; children are safer and families are strengthened. (Offered in English and Spanish)



casa de los niños

CHANGING LIVES FOR GENERATIONS